



Having the opportunity to be fitted for the right bra after breast surgery can make you feel good in your clothes again and boost your confidence and self-esteem.

If you are worried about any aspect of cancer please call our Nurseline, free and confidentially

0800 783 3339

Monday to Friday 9.00am - 1.00pm
Calls are free from a landline

Cancer Focus Northern Ireland
40-44 Eglantine Avenue
Belfast BT9 6DX

T: 028 9066 3281
E: care@cancerfocusni.org
www.cancerfocusni.org



Charity No: NIC 101 307

Visit us on Facebook, Twitter or the HealthUnlocked forum
www.healthunlocked.com/cancerfocusni



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Focus on
**Bra & Swimwear
Fitting Service**

The opportunity to be fitted for the right bra after breast surgery can make you feel good in your clothes again and will definitely boost your confidence and self-esteem. Our team of expert fitters can help you do just that.

We'll help you to choose bras and swimwear that fit your needs so you can shop confidently for the clothes you want to wear.

Finding the right Bra

We recommend that you make your first bra fitting appointment 6 weeks after your breast surgery. This will ensure that you are healing well and should be generally less swollen and tender.

All of our fully trained fitters will be sensitive to your needs and are there to offer you one to one advice and guidance.

We are able to offer up to an hour for your fitting appointment to ensure that you have sufficient time to be measured correctly, try out a variety of styles and hopefully find the right bra for you.

We sell a wide range of reasonably priced styles and colours from leading brands such as **Amoena**, **Anita**, **Nicola Jane**, **Silima** and **Theya**. You can also browse through their catalogues at your leisure.

You may well want to enjoy swimming just as you did before your operation.

We also stock a range of one piece swimsuits, bikinis and tankinis. Light weight bra fillers from **Trulife** are also available to purchase in a range of sizes.



Fitting Service Locations

Cancer Focus Northern Ireland has a number of fitting outlets, often within one of your local charities across the Province.

Please always remember to phone directly to make an appointment in your area.

Cancer Focus Northern Ireland

40-44 Eglantine Avenue
Belfast BT9 6DX
T: 028 9066 3281

Altnagelvin Hospital

Breast Clinic, Agnes Jones House
Glenshane Road
L'Derry BT47 6SB
T: 028 7134 5171 ext. 214044

Cancer Connect

3 Forthill Road
Enniskillen
BT74 6AW
T: 028 6634 0102

Care for Cancer

1 Campsie Place
Omagh
BT79 0FD
T: 028 8224 6599

Southern Area Hospice

St. John's House
Courtney Hill
Newry
BT34 2EB
T: 028 3026 7711

The Robinson Hub

23 Newal Road
Ballymoney BT53 6HB
T: 07933 202 131

Cancer Choices

Ivy Cottage
9 Main Street
Donaghmore
BT70 3ES
T: 028 8772 9850

