

Cancer Focus Northern Ireland is your local cancer champion, here to help you and your family if you have cancer. We'll help your community take positive steps to a healthier life, to lower their risk of cancer, and we are determined to bring a more hopeful future by funding ground-breaking research.

Every year in Northern Ireland we:

- Support over 3,000 people living with cancer
- Invest over £3.5million in cancer services
- Fund 5 major research projects into the causes and treatment of cancer
- Reach 60,000 people with health promotion messages



If you would like to know more about volunteering with Cancer Focus Northern Ireland please contact:

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Or visit us on Facebook and Twitter



**Focus on
Volunteering**

Who can volunteer?

Anyone can volunteer at Cancer Focus Northern Ireland. Their contribution is highly valued - they bring knowledge, skills and experience - and their dedication and commitment to our work is essential to our success.

Our volunteers include students and those currently between jobs who want to increase their skills base, retired people who have a wealth of life skills to offer and everyone in between.

You don't need specific skills or qualifications - the most important requirements are enthusiasm, a desire to support our work and some free time. We can never have too many volunteers.

If you choose to volunteer with us you will be joining a dedicated team of people making a difference to the lives of countless people in Northern Ireland.

Our work is currently supported by 350 volunteers from all walks and stages of life.

How much time do I need to offer?

This is up to you and depends on what you would like to do. Many of our roles are flexible and you will always get the opportunity to discuss how much you want to be involved before you start.

We have a wide range of activities to choose from so you can get involved in the way that suits you best. We are always keen to help you get the most from your volunteering experience.

Here are some of the roles that we have available:

Walk Leaders

If you enjoy the great outdoors why not consider getting involved in our walking group service?

We offer walks for cancer patients across Northern Ireland and we need your help to lead walks in your local area.

Driving Volunteers

Getting to and from hospital can be a real problem for cancer patients who don't have access to a car. If you have your own car and some free time we need your help to drive patients to their hospital appointments.

Retail Assistants

Do you like meeting new people? We need volunteers in our 11 charity shops to help us raise vital funds to support our work.

Family Support

Our Family Support Service helps children and family members cope when a parent or close relative is diagnosed with cancer.

You can help us organise games and activities or provide more specialist support for bereaved children and young people.



Fundraising

If you have ideas for fundraising events and are good at organising, consider joining one of our fundraising support groups in your local area.

Occasional Volunteers

Get involved in a variety of different activities - fundraising events, bag packs, mailshots or general admin duties - as and when you are available.



Community Health Events

We want fewer people to be affected by cancer so we regularly talk to people about how they can reduce their risk of cancer. You can help us bring this important message to your local community.

Become a Millennium Volunteer

If you are between 14 and 25 years of age you can take part in the Millennium Volunteer programme. Learn new skills, gain experience to add to your CV and receive certificates backed by the Department of Education.

