

**Tape one of your old pound
coins to each of the squares and
see how many you can cover**



**GOT
THEM ALL?**
THEN TURN
OVER FOR SOME
OTHER GREAT
FUNDRAISING
IDEAS



Some more ideas to Fill yer Boots!

Now that you have filled yer boots why not try one of our great fundraising ideas to raise even more pounds to help families affected by cancer in Northern Ireland?

You could keep it simple and start filling another sponsorship form, then in school or at your club, create a whole wall of wellies by getting your friends to stick theirs up too!

Or why not use your pounds to fill up a pair of your own favourite boots? Could your football team fill up their football boots? Could your Young Famers club fill up a whole wellie? Could your dancing class fill up all of those tap shoes, ballet pumps or salsa shoes? How many different boots could you and your friends fill?

How to pay

Once you have finished filling yer boots there are a number of ways you can pay in your pounds:

Online - Visit www.cancerfocusni.org/donate and donate safely and securely using your credit or debit card
Through your bank - simply take your pounds to your bank and pay them straight into the Cancer Focus NI Account using these details: Account Number: 50421502, Sort Code: 95-01-21

Over the phone - Call us on 028 90 66 3281 and use your credit or debit card to donate

By post - Send us a cheque made payable to Cancer Focus Northern Ireland

In person - Pop in and see us in person!

How your money will help

All of the pounds you fill yer boots with will be used to fund our Family Support Service. When an adult in a family has cancer it affects everyone. For children and young people this can be isolating and frightening. The Cancer Focus NI Family Support Service helps families cope with the disruption to ordinary family life and minimises the long-term impact on children's emotional well-being when a mum, dad or close family member has cancer.



£10 enables a child bereaved from cancer to attend one of our family outings or special events



£15 pays for one family to attend family night



£40 provides a one to one session with child or family



£90 pays for one child to attend CLIMB programme



£150 pays for a Family Night for fifteen families