

GO PINK THIS OCTOBER FOR ANGELA



Angela was diagnosed with Breast Cancer on 5th October 2021 aged only 51.

Cancer Focus NI's specialist counselling service was there to support her during her chemotherapy, mastectomy, reconstruction, and radiotherapy.

"It's been a tough few years. I lost everything internally following an earlier hysterectomy, then I lost my hair, and then my breast. I've had so many feminine parts of me removed that I no longer feel like a woman. Sometimes I feel like a shell.

Cancer Focus NI were there for me when I was in need, and it is comforting to know that they will be there for someone in a similar position that I was in. Thank you for supporting their work during Breast Cancer Awareness Month."

**Go Pink this
October and help
give vital support
to local women.**

**Get involved at
cancerfocusni.org**



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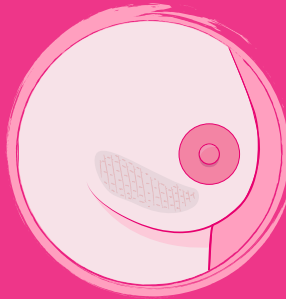
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Be Breast Aware

It's so important to get to know what's normal for you by checking regularly. That way, if something changes, you'll notice. Be aware of the signs of breast cancer:



A LUMP



THICKENING,
PUCKERING OR DIMPLING
OF THE BREAST



CHANGE IN SIZE
OR SHAPE OF
YOUR BREAST



UNUSUAL PAIN OR
SWELLING IN YOUR BREAST,
ARMPIT OR COLLARBONE



REDNESS OR RASH
ON THE BREAST
OR NIPPLE



NIPPLE INVERSION
OR NIPPLE
DISCHARGE

**IF IN DOUBT,
GO TO YOUR GP**

#BeBreastAware