If you have any concerns about cancer you can talk to one of our experienced nurses on the Cancer Focus NI FREE information and support Nurseline

0800 783 3339

Monday, Wednesday and Friday 9am – 1pm. Calls are free and confidential from a landline.
nurseline@cancerfocusni.org

Cancer Focus
NORTHERN IRELAND

Downpatrick
Breast Cancer Support Group

If you would like to know more about this service, please contact:

T: 028 9066 3281
E: care@cancerfocusni.org
www.cancerfocusni.org

Cancer Focus Northern Ireland
40–44 Eglantine Avenue
Belfast BT9 6DX

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Charity No: NIC 101307

Cancer Focus
NORTHERN IRELAND

Downpatrick
Breast Cancer
Support Group

When someone is diagnosed with cancer, they may experience feelings of shock, anger, or confusion. Even the most supportive family members, friends, or employers cannot understand exactly how it feels to go through a cancer journey.

A cancer support group is one way for individuals to interact with other people in similar circumstances.

What to expect?

A safe and welcoming space for local women to get to know each other and get the support they need. Meetings are social and informative and designed to enable group members to live more positively and confidently with their breast cancer diagnosis.

Support provided:

- Peer encouragement
- Reduction in social isolation
- Information about cancer services and treatment
- Fun and friendship.

About the service

A complimentary support group for women in the Downpatrick area who have had a breast cancer diagnosis.

Run by the charity's volunteer bra fitters and an experienced Cancer Focus NI facilitator, this group meets four times per year.

It is because of generous donations that we can continue to deliver vital complimentary cancer support services to local people and families. To donate to or support our charity, please email fundraising@cancerfocusni.org

"Sharing your story in a safe space with others in similar circumstances can help a woman with breast cancer to process emotions around their diagnosis and treatment."

**Caroline Hart
Group Work Coordinator**