

If you have any concerns about cancer you can talk to one of our experienced nurses on the Cancer Focus NI **FREE** information and support Nurseline.

0800 783 3339

Monday, Wednesday and Friday 9am - 1pm.
Calls are **free** and **confidential** from a landline.
nurseline@cancerfocusni.org



Laryngectomy Support Group

If you would like to know more about this service, please contact:

T: 028 9066 3281

E: care@cancerfocusni.org

www.cancerfocusni.org

Cancer Focus Northern Ireland
40-44 Eglantine Avenue
Belfast BT9 6DX



Charity No: NIC 101307



Laryngectomy Support Group



When someone is diagnosed with cancer, they may experience feelings of shock, anger, or confusion. Even the most supportive family members, friends, or employers cannot understand exactly how it feels to go through a cancer journey.

A cancer support group is one way for individuals to interact with other people in similar circumstances.

What to expect?

A safe and welcoming space for people to get to know each other and get the support they need. Meetings are social and informative and designed to provide peer support as well as up-to-date information and current good practice for people who have undergone a laryngectomy.

Support provided:

- Peer encouragement
- Reduction in social isolation
- Information about cancer services and treatment
- Fun and friendship.

About the service

This support group is run by a Cancer Nurse specialist in Head and Throat cancer and an experienced Cancer Focus NI facilitator.

The support group meets in person four times per year and is often delivered from the charity's head office or other locations in the greater Belfast area.

It is because of generous donations that we can continue to deliver vital complimentary cancer support services to local people and families. To donate to or support our charity, please email fundraising@cancerfocusni.org

“Sharing your story in a safe space with others in similar circumstances can help someone living with a laryngectomy to process emotions around their diagnosis and treatment.”

Caroline Hart
Group Work Coordinator

