

If you have any concerns about cancer you can talk to one of our experienced nurses on the Cancer Focus NI **FREE** information and support Nurseline

0800 783 3339

Monday, Wednesday and Friday 9am - 1pm.
Calls are **free** and **confidential** from a landline.
nurseline@cancerfocusni.org



Prostate Cancer Support Group

If you would like to know more about this service, please contact:

T: 028 9066 3281

E: care@cancerfocusni.org

www.cancerfocusni.org

Cancer Focus Northern Ireland
40-44 Eglantine Avenue
Belfast BT9 6DX



Charity No: NIC 101307



Prostate Cancer Support Group



When someone is diagnosed with cancer, they may experience feelings of shock, anger, or confusion. Even the most supportive family members, friends, or employers cannot understand exactly how it feels to go through a cancer journey.

A cancer support group is one way for individuals to interact with other people in similar circumstances.

What to expect?

This group provides a safe and welcoming space for men to get to know each other and receive the support they need. The meetings are social and informative and enable members to live more positively and confidently with their diagnosis.

Support provided:

- Peer encouragement
- Reduced social isolation
- Information about cancer services and treatment
- Fun and friendship.

About the service

This service is for men who have had a prostate cancer diagnosis.

Run by an experienced Cancer Focus NI facilitator, this support group is often held in our charity's head office but also meets in other locations in the greater Belfast area.

It is because of generous donations that we can continue to deliver vital complimentary cancer support services to local people and families. To donate to or support our charity, please email fundraising@cancerfocusni.org

“Sharing your story in a safe space with others in similar circumstances can help to process emotions around diagnosis and treatment.”

**Caroline Hart,
Group Work Coordinator**

