



We are the Sing for Life Community Choir

Developed by Cancer Focus Northern Ireland, the choir was established for anyone affected by cancer.

Based in Belfast, the charity's patient support choir service provides members with the opportunity to meet others living with, or affected by, cancer. Coming together in a supportive and friendly environment, members learn new skills in choral singing while having fun along the way.

On average, 70 singers meet each week for rehearsals at St Brigid's Parish Hall, Belfast. We are proud that we are not a conventional choir. This means, you don't have to be a good singer to take part as we believe that every voice counts.

Our choir's repertoire ranges from upbeat and popular music to traditional sacred songs, meaning there is something for everyone. Regularly performing at concerts and fundraising or community events, our choir has delighted audiences across Northern Ireland and further afield. You will be spoilt for choice in opportunities to show off your talents.

If you have any concerns about cancer you can talk to one of our experienced nurses on the Cancer Focus NI **FREE** information and support Nurseline

0800 783 3339

Monday, Wednesday and Friday 9am - 1pm.
Calls are **free** and **confidential** from a landline.
nurseline@cancerfocusni.org



Sing for Life

If you would like to know more about the Sing for Life choir, please contact:

T: 028 9066 3281

E: care@cancerfocusni.org
www.cancerfocusni.org

Cancer Focus Northern Ireland
40-44 Eglantine Avenue
Belfast BT9 6DX



Charity No: NIC 101307



Sing for Life

No ordinary choir



Joining our Choir

Becoming a Sing for Life member is easy.

With no subscription fee and no need to audition, we are open to people who have or have had cancer or carers/family members of someone who has had cancer.

Simply email care@cancerfocusni.org and you will be invited to come along to St Brigid's Parish Hall, Belfast to meet our friendly choir members. Rehearsals run from 6-7.30pm every Monday evening with tea and coffee provided on arrival.

On your first visit, a choir member will greet you and explain everything from who is responsible for providing you with copies of music to letting you know what events and concerts are planned.



Provided by:  Cancer Focus
NORTHERN IRELAND

What our choir members say:

“It has brought many people together, some experiencing difficulties in their lives and given them joy and hope and fun. It has been a very important lifeline to many.”

“I can talk to people who had prostate cancer like me, I don't feel so alone and find it very helpful talking with people in the same boat.”

“The choir provides a real ‘feel good’ factor. I look forward to meeting other choir members at the weekly rehearsals and have gained many ‘good friends’ that I also socialise with outside of choir rehearsals.”

Keeping you up to date:

When joining the choir, we will ask you to fill in a registration form with your contact details and then add these to our confidential choir database at Cancer Focus Northern Ireland.

You will receive regular updates on rehearsals, changes to schedule, upcoming choir performances and annual social evenings. Attendance at any event is not compulsory, although most of the choir enjoy participating.

